

# ZONA DE BLOQUE CLIMBING GYM

## SAFETY REGULATIONS

The following are the rules of use and safety to be taken into account by all users entering this establishment. Failure to follow these rules relieves all liability to the company LA CORDADA SAS. and its representatives from responsibility, pay and compensation for the incident and / or accidents within the facility.

### REGULATIONS

1 - To allow the entrance to Zona de Bloque, any person who comes for the first time to use of any of the services offered, must fill out the resume and release of liability format, after having read and accepted this regulation and be instructed on the type of sport and safety standards. In case of underage people, these formats must be approved and signed by a responsible adult for the practice of the child.

Paragraph 1: Registration and payment at the front desk is required each time that a customer enters the gym and before he/she begins to practice.

Paragraph 2: All users must be affiliated to a health care service (prepaid, contributory or subsidized) or health insurance.

2 - The following are the requirements to be considered for the free practice:

Users from four (4) to seven (7) years old, can only practice climbing in the area designated for children, and only accompanied by an adult who is responsible for overseeing security in accordance with the rules described here.

Users between the ages of eight (8) and fourteen (14) years old can practice climbing all across the wall surface, but should also come with an accompanying adult who is responsible for overseeing security in accordance with the rules described here.

Users fifteen (15) years and older must always climb with a partner of fifteen (15) years or older, who will ensure the security guidelines in accordance with the rules described here.

3 - During the practice, it is forbidden to hold or use the lighting elements or structural parts of the building or climbing wall, and also to make improper use of the ladders, railings on the second floor and other areas of the facility not designed for the practice of climbing.

Paragraph: The misuse of facilities and elements of the climbing gym, allows the employees or managers to exclude the user of the site, and requires the user to pay the damages caused to property or third parties.

4 - It is forbidden to make jumps from second floor to the climbing area on the first floor. The slider and the climbing wall located in the southwestern area of the climbing area is strictly for children under eight (8) years old.

5 - Everyone entering the gym must respect others and behave properly. Any person whose conduct is regarded by employees as unsafe or injurious to others, will be excluded from the Gym facilities.

6 - It is forbidden to drink alcohol, smoke cigarettes and similar, or any type of hallucinogenic drugs (psychotropic) within the facilities of the Gym. It is prohibited to practice the sport under the influence of alcohol and drugs. Zona de Bloque employees are authorized to restrict the entrance to any person whose appearance may look dangerous for other customers.

## **SAFETY STANDARDS**

The following standards are for strict compliance in order to ensure a safe practice of the climbing sport:

1 - Always climb in pairs in order to watch the other person back's (to spot). The way to properly spot is by keeping the arms extended towards the waist of the climber in order to directing him/her to the mat (crash pad) in case of a fall. The person who is spotting should not stare the hands or feet of the climber, only the waist. Any concerns regarding this practice should be asked and solved with the instructor on duty.

2 - Before starting to climb, users should ensure that there are thick mats at the falling points, preventing the misplacement of corners and edges, and also that the climb does not interfere with the route of another person. The spotter must move the mats as the climber moves.

3 - Users who are in the climbing area should be alert at all times for people who are climbing to prevent them from falling on them.

4 - Users should be aware that the climbing holds, from their normal use, sometimes tend to loosen and rotate, which can lead to unexpected falls.

5 - No one should leave any objects over the mats or nearby the climbing areas, which may be hazardous for falling climbers or spotters.